



British Automobile Racing Club
North Western Centre

www.barcnorthwestern.co.uk

CNC HEADS SPORTS/SALOON CHAMPIONSHIP

SPORTING AND TECHNICAL NOTE 01

To all CNC Heads drivers,

As you all know, Frontal Head Restraints are obligatory in 2016. However it is worth reminding you that the regs cover the harness as well. This must be used with the shoulder straps fixed at a particular range of angles behind the driver. Check with your type and Blue Book to see what angles are advised. To achieve this it may be necessary for some cars to fix an additional horizontal bar to the roll cage.

This is allowed but it must be done in a way which complies with the Blue Book section K. It can be welded in or bolted but you must check with the approved methods or you could compromise the integrity or legality of the ROPS, particularly if you have a homologated ROPS.

If a harness bar as defined in K1.1.13 needs to be added to the ROPS to accommodate a Frontal Head Restraint harness it should comply with K1.3.5 and K1.3.9.

With this new national regulation, I am sure all this will be looked at very carefully in scrutineering next season so don't be caught out.

If you have any queries about this, please get back to me.

Peter.

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Participation
Performance**